

Hangging out

with Jennifer in Uganda



Hello. My name is Jennifer and I am 11 years old. I live with my family in Uganda and took these photos to show you what we eat and how we get our food.



This is my father Julius holding an ox plough. The oxen are pulling to plough our garden. My mother Asio and my older sister Sipola are helping too.



That is my mother, my sister Sipola and my brother weeding the sweet potato plants.



This is my mother cooking fresh cassava in our kitchen. I like to help her with the cooking.

My mother and my sister place boiled cassava and dry tea on the table outside for my father and visitors.



My mother and my brothers and sisters are eating breakfast of boiled cassava at home.



Here is my mother buying tomatoes in our local market.



My mother is negotiating the price of dry fish in a small market near our home.

