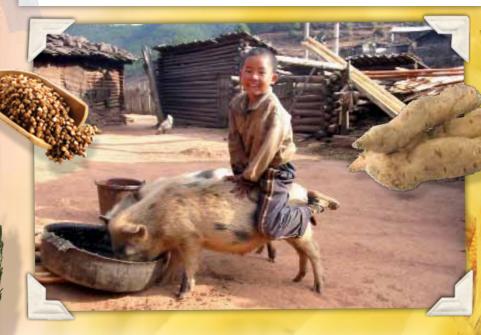
FICINGING OUT with Guha in China



Hi, my name is Guha. I'm seven years old and live with my mum, dad and two sisters in a mountain village in the far south-west of China.

Every morning my sisters wake me up before dawn. Then I get dressed and eat breakfast of rice and fried potatoes with my family.

We live high in the mountains so my family can only grow a small amount of potatoes, buckwheat and oats. We buy rice from the markets. In winter and spring it is too cold to grow green vegetables so we buy them from the truck that comes every 10 days from the town to our village. In the cold seasons people usually eat salted meat only once a week.



After breakfast, my sisters and I walk for 20 minutes on a winding mountain track and across three wooden bridges to get to school. During the rainy season, floods cover the bridges and we can't get to school. I am in a pre-school with 38 students.



At lunchtime my sisters and I share cold rice and potatoes. Then I like to play marbles and other games with my friends.



After school I help out with chores at home. I have to light a fire, collect water, feed chickens and pigs, and take care of the horse. I love riding my horse. Even when I'm feeding the pigs, I sometimes ride one and pretend it's my horse.



After my chores, I sit beside the fire and do my homework. I study with my little cousin and sometimes play with her. I want to be a teacher when I grow up.



Guha

World Vision Australia helps over 6,300 sponsored children, their families and their communities in China's Yunnan province. Better nutrition, healthcare, improved farming methods, education, as well as clean water, all help to create a better life. World Vision helps families to raise pigs and build methane fuel converters. The converters turn pig poo into power for cooking and lighting!