

Give a man a fish²

Give a man a fish
And he'll eat for a day.
Teach him how to fish
And he'll eat for a lifetime.
(Ancient Chinese proverb)

**Give a man a fish
And you have one less fish.
Teach him how to fish
And you get to keep your fish.**

Give a man a fish
And he'll eat for a day.
Give a woman a fish
And she'll feed the whole family for a week.

*Give a man a fish
And he'll eat for a day.
Teach him how to fillet, marinate, fry and garnish
And he could be the next big celebrity chef.*

Give a man a fish two times
And he'll come back for a third.
Teach him how to fish just once
And he'll catch the second and third himself.



Catching rainbow trout in the Andes Mountains of Peru.



Catching fish on a community farm in East Timor.

Did you know?

MDG 1: Eradicate extreme poverty and hunger

10 million people die of hunger and hunger-related diseases every year.



Provide seeds and tools to grow crops, livestock, fish

Provide food for emergency needs



Help communities with new food storage techniques



Strategies for addressing hunger and poor nutrition



Help farmers produce and market their crops



Training to improve soils, drip irrigation, rotate crops



Educate families about food and nutrition

For you to do

1. What does the ancient Chinese proverb mean? In your own words, what is the lesson that it teaches?
2. Like Cameron Semmens, write your own version or adaptation of this four line proverb.
3. How do each of the six strategies (see above) serve to address hunger and poor nutrition?

² Poems are from Cameron Semmens, *Give a man a fish*. Melbourne: World Vision, 2010.