



40 HOUR
FAMINE

Voluntary Service

- Organise a fundraising event to donate funds to the 40 Hour Famine
- Using resources we provide, educate your peers on key issues that matter, like global hunger, and raise funds together for the 40 Hour Famine.
- For the 40 Hour Famine, learn about global hunger and create 40 social media posts around what you have learnt, how it makes you feel and your hope for the future. Eg, tiles, videos and statements.



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Skills

- Build on your leadership skills and lead your peers at school/community club to engage in the 40 Hour Famine.
- Build on your skills in public speaking around social justice issues like hunger. Eg, research, prepare and present through different platforms such as assemblies, podcast and short YouTube videos. This could also be used to promote and fundraise for the 40 Hour Famine.
- Build on your skills in written communication by writing articles in the school newsletter around social justice issues and how the 40 Hour Famine can make an impact.



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Physical Recreation

There are many ways you can use your 40 Hour Famine challenge to reach your fitness goals. For example, train weekly to:

- swim 40km in 40 days
- walk 40km in 40hrs
- ride 40km in one day
- run 10km in 40mins
- hike 40km over a weekend
- surf 40 waves in one day

complete
Award Sections

WITH WORLD
VISION
AUSTRALIA



World Vision®

Voluntary Service

- Actions for Justice: create opportunities to advocate (speak up) for issues that World Vision Australia is addressing. Eg, Climate Action, First Nations, Child Rights, Fight Famine, Know Your Country.
- Learn about one of our many climate initiatives like FMNR (Farmer Managed Natural Regeneration). Educate others about this program and how it's helping to sustainably re-green our planet.
- Local tree planting.
- Consult with World Vision Australia on what you and your peers would like to see in schools to make a difference in your lives and the lives of vulnerable children. This helps provide us with a greater footprint to make impact!



World Vision®

Skills

- Build on your leadership skills and run a weekly club during school lunchtime around social justice and advocacy.
- Build on your skills in public speaking around social justice issues like hunger. Eg, research, prepare and present through different platforms such as assemblies, podcasts and short YouTube videos. This could also be used to advocate for our Know Your Country Campaign for First Nations education in schools.
- Build on your communication skills to write letters to your local Member of Parliament to advocate for a World Vision Australia cause you are passionate about.
- Create items to build on a skill. For example, make jewellery and sell the items to raise money for a World Vision Australia cause you are passionate about.
- Build on your skills in creativity through music or a visual medium to educate others about social justice. This could be performed and presented in a public sphere or on a social platform like TikTok or YouTube.

