

HEALTH & HUMAN DEVELOPMENT U1 - AOS2

Advice for Teachers



This activity sequence covers the following key knowledge and skills in U4 - AOS2.

Key knowledge

- Various definitions of health and wellbeing, including physical, social, emotional, mental and spiritual dimensions
- Aboriginal and Torres Strait Islander perspectives on health and wellbeing

Key skills

- Describe a range of influences on the perspectives and priorities of health and wellbeing
- Analyse various meanings of health and wellbeing
- Describe different dimensions of health and wellbeing



Activity 1

- Students can use their textbook to develop their response.
- The Venn Diagram could be completed individually, as a group activity and/or class discussion.

Activity 2a

- Provide students with the time to read through the Aboriginal Beliefs document individually or as a class. This background is an important component towards understanding why the Young Mob program is needed and can improve the health and wellbeing of Aboriginal and Torres Strait Islander people.

Activity 2b

- Students can also use their textbook to develop their response.
- The following video clips share stories of the Young Mob program in action. It is recommended that students watch the clips below to consolidate their understanding of the case study program.

VIDEO CLIPS



- Young mob changing young lives (2 mins)
[youtube.com/watch?v=f7D7cUffIFQn](https://www.youtube.com/watch?v=f7D7cUffIFQn)
- Young Mob – Connecting with culture (2 mins 52 sec)
[youtube.com/watch?v=GyHUmZRFh5k](https://www.youtube.com/watch?v=GyHUmZRFh5k)
- Mark Thorne shares: Young Mob program is transforming young indigenous lives (2 mins 44 sec)
[youtube.com/watch?v=ZE9wJYm3wvc](https://www.youtube.com/watch?v=ZE9wJYm3wvc)
- NOTE: Having begun as a participant a few years back, Marc is now using his leadership skills as a key facilitator in the Young Mob Program.
- Young mob visit desert Martu (5 mins 27 sec)
[youtube.com/watch?v=WJbyrK87YJE](https://www.youtube.com/watch?v=WJbyrK87YJE)