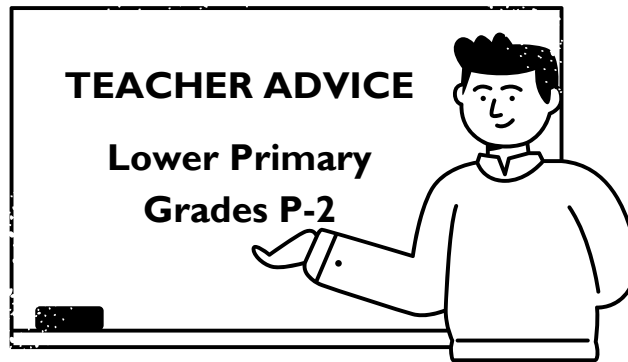


LOWER PRIMARY

Why do people go hungry?

Welcome! World Vision is excited to share this special curriculum series aimed at providing primary students with the opportunity to begin their journey as world ready global citizens. Each unit has been developed to maintain flexibility within the curriculum and covers a range of general capabilities. In a time when hope and perspective is needed more than ever, we wish you and your students well as you journey alongside the world's most vulnerable children.

SO, LET'S GO. IT'S TIME TO ACT.



INQUIRY QUESTION: WHY DO PEOPLE GO HUNGRY?


Materials required

- Printed worksheets
- Dice
- Pencils
- Scissors

Tips for tailoring to grade Prep

- What's in your supermarket trolley activity - Encourage students to use counters or a number line to assist with addition.
- My lunchbox activity - Encourage every student to get their lunchbox from their bag to help construct a response. Guide students as to where their lunch and two snacks would sit inside the lunchbox. Comparing their lunch box to Akier's meal could be a part of a whole class or small group discussion.
- Making a meal activity - Students may need to watch this a second time, with a pause in the clip to provide opportunity for a guided response.
- Who will eat today game - To simplify this game for Preps, only offer addition of the two die for a number to colour in.
- Why do people go hungry activity - Guide the discussion to help students provide reasons why these factors are not an issue for their family.
- Personal reflection activity - Allow students to draw their response, if preferred.

Tips for tailoring to grades 1-2

- What's in your supermarket trolley activity - Students can take this further and identify whether their choices are healthy ✓ or unhealthy ✗.
- My lunchbox activity - For extension, encourage students to use the hefting method to hypothesise the amount of food they have in their lunchbox compared to Akier. They may wish to draw this in the form of some hefting scales. 
- Making a meal activity - For extension, ask students which family would take longer to prepare a meal? Provide a reason why.
- Who will eat today game - Interview a few of the students to find out how they felt missing out on their meal and interview their partner to find out how they felt getting a meal over their friend.
- Personal reflection activity - Offer a comic strip as a possible way students could respond.

SUPPORT MATERIAL

FACTS ON HUNGER

What is hunger?

In the context of this unit for primary aged children, we have referred to hunger as a simplified term to describe food insecurity (ranging from malnourishment caused by compromised food quality, quantity and skipping meals to chronic undernutrition (no food for a day or more).

Why do people go hungry?

COVID-19 has exacerbated pre-existing reasons for the global hunger crisis and is triggering a pandemic of child malnutrition.

- Unemployment is increasing, which means that healthy food is becoming increasingly unaffordable.
- Access to essential nutrition services in low and middle-income countries has reduced by 40% during the pandemic. This means that countless people are missing out on potentially life-saving early detection and treatment of malnutrition.
- School closures have meant that 370 million children missed out on an estimated 39 billion in-school meals during the pandemic. For many children, a school meal was their most reliable source of nutritious food.
- Climate change continues to impact land productivity and consequently food availability through drought, floods and locust plagues to name a few.
- Food prices hit a 10-year high during COVID-19, soaring 40% above costs a year earlier. The pandemic has disrupted food chains (transportation, labour, seeds, fertiliser), increasing prices. Retail food prices have risen at its greatest in poor countries where food accounts for a larger share of household budgets. Since the pandemic was declared, Australia's food prices rose by an average of 3.5%. This was dwarfed by food prices increases in many low-income countries. For example: Myanmar 53.5%, Mozambique 38.3%, Vanuatu 30.9%.
- Food staples that we often take for granted in Australia are either unaffordable or inaccessible for many families around the world. See the practical comparison below:

FOOD AFFORDABILITY

World Vision compared the cost of a food basket of 10 items in 31 countries



According to World Vision research, a food basket of ten common food items costs*

1 hour	of work in Australia	2 days'	work in Lebanon	6 days'	work in Chad
1 day's	work in Cambodia	3 days'	work in the Solomon Islands	6 days'	work in the Democratic Republic of the Congo
1.5 days'	work in Kenya	3.5 days'	work in Uganda	8 days'	work in South Sudan

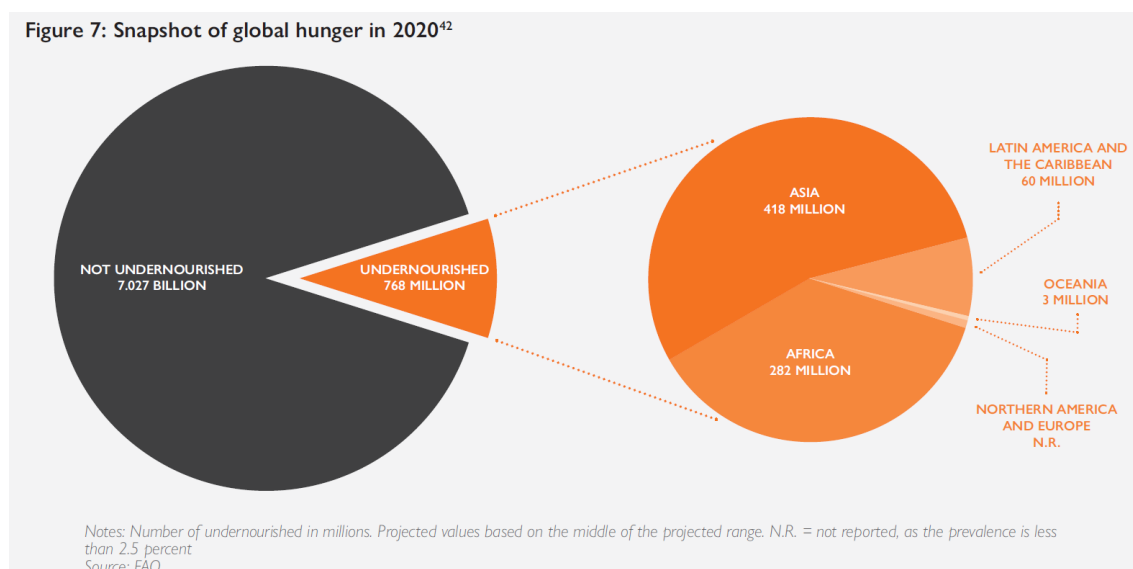
*The 10 common food items included sweet bananas, rice, wheat flour, raw sugar, corn cobs, cooking oil, a raw chicken, tomatoes and milk.

SUPPORT MATERIAL

FACTS ON HUNGER

How many people are hungry? Where are they?

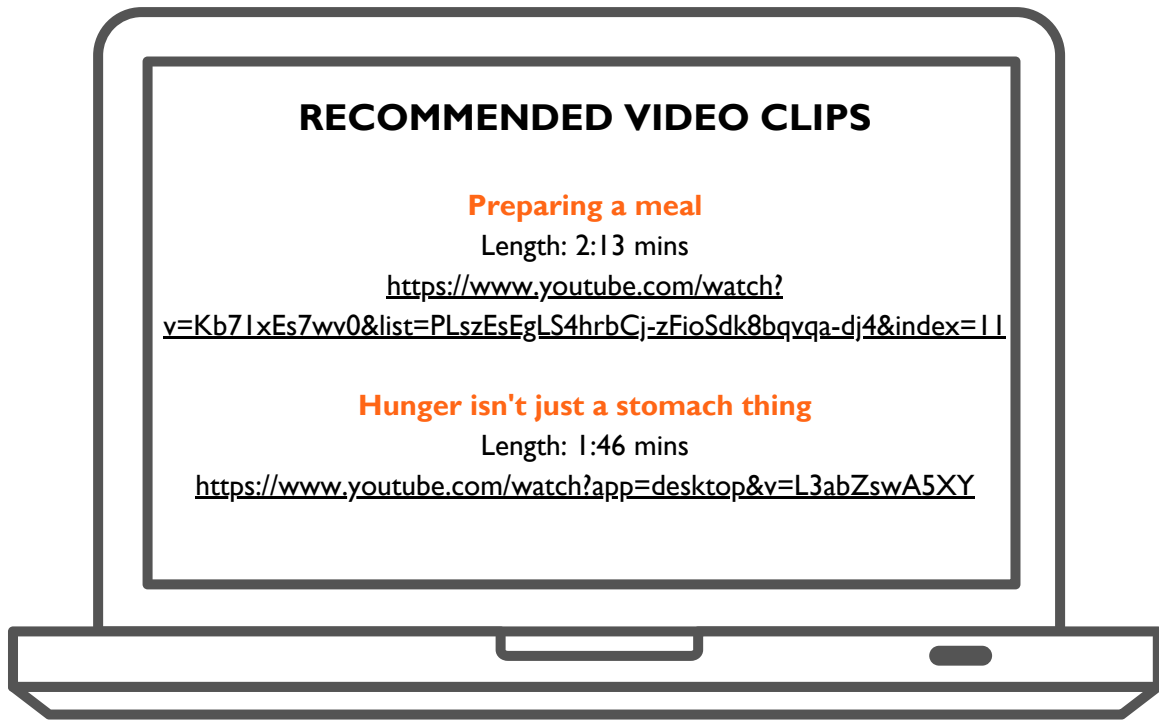
- 161 million more people faced hunger in 2020 compared to 2019.
- More than 41 million people are currently suffering emergency levels of food insecurity and are teetering on the brink of famine.
- It is likely now that acute hunger is killing more people than COVID-19.
- Regions affected by hunger vary, see graph below:














Price Shocks Report 2021, World Vision Australia, Pg 12, Ref #9021

How does World Vision help people who experience hunger?

- Every 60 seconds a hungry child is fed through the generous support of World Vision's donors.
- 105 million metric tonnes of food has been delivered in 16 countries to meet emergency food needs since COVID-19.
- World Vision runs many programs to meet the nutritional needs of vulnerable children and families:
 1. School meals program can provide regular nutritional support through one meal each day for every student and/or monthly food rations for their family.
 2. Food for work program brings local families together to work on community development initiatives. In return, each worker receives food for their family.
 3. Sustainable farming programs educate families on strategies to increase land productivity and yield for family consumption. Sometimes there is excess produce to sell at markets, which increases the household income.
 4. Emergency food supplies and cash vouchers give vulnerable families the ability to have immediate access to food or purchase vital food items in a crisis.



CURRICULUM LINKS

ACTIVITY	PERSONAL & SOCIAL CAPABILITY	CRITICAL & CREATIVE THINKING	ETHICAL UNDERSTANDING	INTERCULTURAL UNDERSTANDING
What's in your supermarket trolley?				
My lunchbox Making a meal				
Who will eat today?				
Why do people go hungry? Personal reflection				



Akier's Story

Akier is 12 years old and lives in Sudan. He hasn't been in school since March 2020 due to the COVID 19 pandemic and he really misses school.

The weather has been really dry this year so his family have not planted anything because there is no water for plants to survive. This means that his family is often left hungry with no food.

During the day, instead of being at school, Akier sometimes begs on the street for food. Other days he gathers firewood from the forest to sell. His family use this money to buy food. Often Akier goes to sleep with a grumbling, sore stomach and wakes up feeling the same most days. Some days it is difficult for him to find the energy to stand up.

Akier hopes to be back in school soon where he can learn and receive lunch again. He dreams of being a pilot someday.

Have you ever felt really, really hungry? Use words or pictures to describe how this felt to you.



Thinking
about
hunger



What's in your supermarket trolley?

Some people, like Akier, have less than \$2 a day to spend on food. What would your supermarket trolley look like if you only had \$2 to spend on food each day?

Using the food items on the next page plan one week (7 days) of food to eat. You can only spend \$2 per day.
\$2 x 7 days... That's a total of \$14 for the whole week!



Thinking about hunger

What's in your supermarket trolley?

Cut each of the food items below. Select a total of \$14 worth of food to paste into your shopping trolley. This is all you have to eat for the whole week!





Feeling Hungry

Imagine going to sleep with a grumbling, sore stomach and waking up feeling the same most days. Your constantly empty stomach gives you a tired feeling,

To see what your ONLY meal today could be, close you eyes and point to your shopping trolley.

How would feel if you had a 'lucky dip' of ONLY one item from your trolley each day?
Colour the emoji that shows how you feel and add THREE words below to describe this feeling.

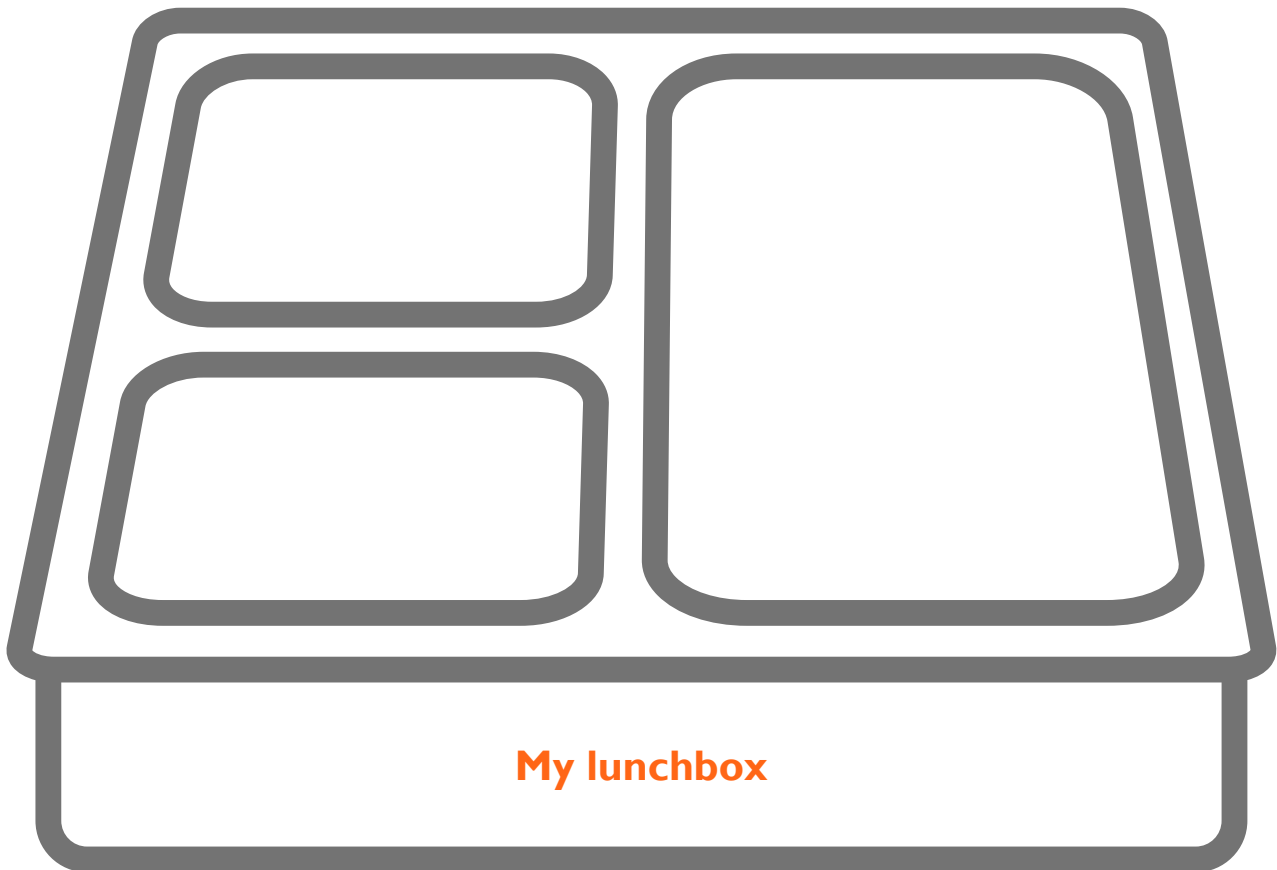




My lunchbox

Akier is likely to eat plain porridge or stew for his one daily meal.

Draw the items in YOUR lunchbox today.



Look at the size and variety of foods in your lunchbox today. How does it differ to Akier's meal?
What are you grateful for in your lunchbox today?

Blank space for writing answers to the reflection questions.



Making a meal

Watch the clip 'Preparing a meal'.
Let's pretend the kitchen below is your kitchen at home.

Use words or pictures to show what was different for the family in the clip.

Cooking utensils

Fridge

Electricity

Water for washing dishes



Saucepan

Oven & stove
for cooking



Who will eat today? Will it be YOU or YOUR FRIEND?

INSTRUCTIONS

1. Two players (choose one different coloured pencil each).
2. Roll two die and ADD the two die numbers together. (For example $6 + 3 = 9$).
3. SUBTRACT that total number from 15. For example $15 - 9 = 6$
4. Find your final number answer anywhere below and colour it in with your pencil.
5. Repeat the process, taking in turns.
6. If you number has been coloured already, you miss a turn.
7. Play continues until the numbers surrounding a meal is completely coloured. The player who colours in the last number surrounding any meal is the winner.



Thinking about hunger

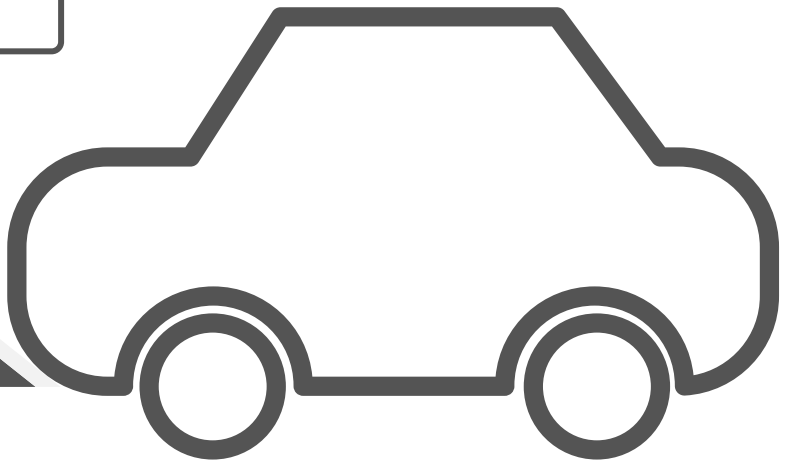
Why do people go hungry?

The road to hunger is not simple. There are many reasons.

Cut the reasons below and match them to an icon.



Choose ONE reason people go hungry.
Write why it's NOT a problem for your family?



Loss of job and no money for food

Can't get enough healthy food

Food is costing too much money to buy

School is closed so children miss out on free school meals

Not enough rain for plants to grow

Thinking
about
hunger



Personal Reflection

