

# Help provide new mothers in Zambia with the safety, dignity and medical care they deserve.



For nearly 60 years, Australians have supported us as we work alongside communities, partners and governments to create opportunities for some of the world's most vulnerable children and their families to transform their futures.

World Vision has nearly 35,000 staff working in nearly 100 countries, transforming the lives of millions of people a year. But we do nothing without you.

Your support means we can transform the lives of the most vulnerable people in some of the hardest-to-reach places in the world. We have decades of experience making tangible, sustainable difference in the lives of children, families and communities seeking to lift themselves out of poverty.

Everything we do has one goal: the sustained wellbeing of children, especially the most vulnerable.

## TRANSFORMING THE LIVES OF MILLIONS OF PEOPLE EACH YEAR.

### BIG ENOUGH TO MAKE A DIFFERENCE

Because of our size and scale, we can respond sooner and stay until we are no longer required. We partner with communities for up to 15 years through locally-led programs to help build the capability and capacity for them to stand on their own.

### EVIDENCE BASED

World Vision's tried and tested approaches have been rigorously evaluated and demonstrated to work time and time again. We focus on addressing children's basic needs while also tackling the drivers of poverty so that the positive change we make in partnership with communities lasts.

### COMMUNITY-LED PROGRAMS FOR POSITIVE AND LASTING CHANGE

We only set up programs in communities where we are invited in. We empower local people, fostering ownership and enabling communities to gain knowledge, skills and resources to change their futures and lead their own transformation.

### LOCAL WHEN AND WHERE IT COUNTS

Our global reach and local offices mean we are already partnering with local communities in almost 100 countries, which enables us to respond rapidly during emergencies and disasters.

# Every day hundreds of women and thousands of infants are dying unnecessarily due to preventable causes associated with pregnancy and childbirth.

The reason these deaths continue is due to a simple lack of basic information and access to healthcare, but we're changing that. World Vision's approach is saving lives. It works because it's targeted, it's delivered through a grassroots approach and it's uniquely integrated.

In the absence of maternity facilities or even running water, after giving birth mothers are left to endure bathing in community waterholes or in unsanitary latrines. Kasamba, a nurse, candidly reveals the grim conditions:

**"We were unable to wash our hands after patients and delivering babies and would go home with blood stains on our clothes."**

Because of the lack of water, privacy and equipment, mothers often give birth at home, with unskilled, if any, support. This can leave them suffering from preventable complications that are faced during pregnancy and childbirth. Janet, seen here with her baby, Abriam, knows of this firsthand as she almost lost her life when she had a baby at home because of a retained placenta. But a transformation unfolded with the creation of a specialist birthing clinic in Janet's area. Toilets, bathing areas and water taps now grace this sanctuary. This access to water is not merely a convenience; it's a lifeline.

Mothers can now cleanse themselves before and after childbirth and nurses can administer medicine with precision. The dedicated staff can ensure a clean environment and medical equipment, thus improving health outcomes for both mother and baby.

The profound impact of hearing the experience of new mothers on their most recent trip to Zambia lit a fire in Nick and Lisa Barnett's hearts. Inspired by the resilience they witnessed, they returned to Australia with an unwavering determination to extend these vital clinics to more women across communities in Zambia.



Nurse Kasamba providing a health check-up for a mother whose baby she safely delivered.



Janet brings her four-month-old back for a health check-up with one of the nurses.



While basic, the delivery room is private, features a birthing bed, sink with running water and a one-way window.





“Please consider joining us on this journey to empower mothers, celebrate new life, and build a world where every child’s first breath is surrounded by love, dignity, and hope.”

– Lisa Barnett

## Your donation will contribute to the delivery of a new Maternity Annex for a Rural Health Post in Zambia.

You can help a child’s first breath be surrounded by love, dignity and hope.

**This annex will provide increased access to healthcare services for pregnant women, their newborns and other children under five. This complements the broader goals of the community of Mulalika that aim to improve the lives of vulnerable children and their families.**

### THE DELIVERABLES

**The Maternity Annex entirely constructed and fitted out.**

- Construction of a Maternity Annex at the Mulalika RHP (Rural Health Post) built with the inclusion of specialist medical requirements.
- An auto-breath infant resuscitator, as commonly seen in Australian hospitals and used for clinical emergencies and resuscitation. This equipment monitors newborns’ air saturation, distributes heat evenly over the entire mattress area, can provide X-rays and offers hands-free resuscitation in dire situations.
- Hospital beds and bed screens for privacy and dignity for mothers during labour and when in need of care with pregnancy complications.
- Digital blood pressure monitoring machines to monitor the mother during labour as an effective way to focus on the mother’s health.
- A functional incinerator to safely destroy all potential biohazardous material quickly.
- Other essential equipment that helps reduce neonatal and new mother deaths.

### Trained health providers

Safe Motherhood Action Groups (SMAGs) comprise of community health volunteers who are trained to identify signs of complications during pregnancy and to refer pregnant women to health facilities to deliver their babies.

As well as training, these volunteers will be provided with bicycles as they can travel up to 30 kilometres daily to visit pregnant women for health check-ups and pre-labour support.

### THE IMPACT

The new Maternity Annex will save the lives of mothers and babies for years. In the first 12 months after the project is complete, the estimated direct beneficiaries will be:

- Over **400** pregnant and breastfeeding women
- Around **1,000** under-five children who are in the primary focus area.

The project will also provide over 3,000 people (the general community population) with access to health services at the Mulalika Health Post on an ongoing basis. With increased skills, the SMAGs will also continue to benefit the Mulalika community for years to come.

**The cost:** A\$221,894 (*per maternity annex, including equipment and training, per clinic*)

**The timing:** 1 April 2024 - 30 March 2025



## Help provide new mothers in Zambia with the safety, dignity and medical care they deserve.

Thank you for considering joining Nick and Lisa with a tax-deductible donation to fund the much-needed Maternity Annex for the Mulalika Rural Health Post.

### Here are two options you can use to make your gift:

- 1) Simply **click here** to donate via World Vision's secure website.
- 2) You can contact Amy directly at **amy.baker@worldvision.com.au** or **0411 025 072** for more information about the project or for help in facilitating your gift.

World Vision and Nick and Lisa will be delighted to share news of the progress of the **NEW Maternity Annex for the Mulalika Rural Health Post in Zambia.**

You can help change the lives of vulnerable children from their very first breath.

For more information, please contact:

**Amy Baker**

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**amy.baker@worldvision.com.au**

**0411 025 072**

**29.6**

**MILLION PEOPLE**  
received humanitarian  
assistance

**10.3**

**MILLION PEOPLE**  
were reached with food  
support

**3**

**MILLION PEOPLE**  
gained access to clean  
water, including safe  
drinking water

**1.6**

**MILLION PEOPLE**  
benefitted from child  
protection activities

\*Statistics from World Vision International 2002 Global Annual Report  
Please note that all gifts over \$2 are tax deductible.

**THIS  
MEANS  
THE  
WORLD**

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